Rachael Mayne

Biographical Summary

Education and Early Career

I was born and educated in Cheltenham and graduated from the University of Hull in 1992 with a BMus in music. Much of my early career involved working in the Arts, Leisure and Retail sectors.

In 2002 I completed a self-funded NEBOSH Diploma Part 1 qualification. I went on to get my first health and safety role in the London Borough of Richmond Council. This was a fascinating role and really introduced me to the far-reaching nature of health and safety—from looking at refuse collection services one day to contracts and procurement-related safety issues the next. It opened my eyes to the difficulties faced by managers, who must constantly reduce operating risks despite often limited resources.

Imperial College London

I obtained my NEBOSH Diploma Part 2 in 2003 and continued working towards chartered membership of the Institute of Occupational Safety and Health. Subsequently, I started working at Imperial College London. This was an exciting time as the college was undergoing an extensive renovation program, some of which was being outsourced to AMEC.

Working for the Estates Department, and then the Property Department, I acquired fantastic understanding of the complexities of facilities management outsourcing. I also gained an appreciation of the positive, collaborative working that can be achieved between the Client and Contracting Partner.

Johnson Controls

My introduction to the oil and gas sector came in a client-facing role as HSSE Manager for Johnson Controls, supporting the BP South East UK Property Team. Understanding the sector's health and safety approach represented a big change, as the ALARP (as low as reasonably practicable) perspective was a step away from the public-sector environments I was used to.

I then went into consultancy, as part of the Johnson Controls Consultancy Team. Working with a number of diverse private and public-sector clients made for a great start in the consultancy world.

BG Group

In 2008 I started in the BG Group as part of the HSSE Team at the HQ in Reading. Along with day-to-day advice and guidance to site occupants, I was able to complete many safety improvements to local health

and safety arrangements. These included: the introduction of an emergency notification system at the site; technical support relating to the tendering of the facilities management contract; and organising health and safety promotional events.

My knowledge of health and safety broadened significantly within this role, and I left with far better understanding of the risks associated with the contracts and procurement tendering process.

BG Tanzania

In March 2011 I embarked on a new role within BG Group in a new start-up asset, BG Tanzania. The Asset was preparing for a long deep-water drilling campaign. I moved to Dar es Salaam to set up the initial HSSE local operating procedures, and support colleagues working on the offshore drillship and the onshore supply base in Mtwara. This was an incredible one-off experience for me. Not only was it my first time working overseas, but oil and gas was a new industry for Tanzania and so it was a 'greenfield' project. I was extremely fortunate to have had the opportunity to work in the Asset for 6 years, moving from the Asset Advisor role to a 1-year offshore role on the drillship. I spent the last 4 years working at the supply base.

The challenges and opportunities arising from this project were immense. Implementing international health and safety standards in a third world environment, through the efforts of the whole team, was extremely satisfying.

Regency Consulting

Regency Consultants was formed in January 2018. The consultancy is committed to providing safety support services and guidance to clients across different sectors. Our passion for people, their safety and improving the working environment remain the driving force behind the consultancy. Working closely with clients to improve health and safety performance within their organisations, Regency Consultants offers practical and systems-based solutions which are based on the client's risk profile.